



ARMY COMMUNITY SERVICES (ACS)

Army Community Service

ACS extends a most cordial welcome to you. The ACS staff and volunteers are available to help make your transition to Japan as delightful and problem free as possible. Upon your arrival at Camp Zama, ACS is available to serve you with the following orientation services:

- Loan Closet (includes dishes, glasses, pots and pans, irons and ironing boards, Vacuum cleaners, coffee pots, microwaves, televisions, toasters, strollers, infant car seats, etc) for 30 day loan.
- Newcomer's Orientation (includes briefings on all available services at Camp Zama and a free "Taste of Japan" lunch).
- How to Ride the Train Class (includes trips to Tokyo/New Sanno Hotel, Kamakura, Enoshima Island, etc).
- Shopping on the Economy Class (includes a trip to the 5 story 100 Yen store).
- Welcome Packets forwarded to incoming personnel with read ahead materials about Camp Zama and the PCS process in Japan.

In addition to orientation services, we also sponsor: Breast Feeding Support Group, Japanese Language and Culture Classes for adults and children, Sponsorship classes, Money Management seminars, Budget Counseling, Army Emergency Relief assistance, Parenting Classes, Exceptional Family Member Program Support Group, Play Morning, Stress and Anger Management workshops, Single Parents Group, Family Member Employment Program, Knitting and Crocheting Classes and the English Teachers Network.

ACS invites you to join our vital organization of volunteers. Our community needs the special talents you have to offer. We are located in Building 402 (near the Main Exchange and the Community Club). Plan to visit us soon.

RELOCATION READINESS

Whether you are relocating to Japan or any other military installation worldwide, ACS Relocation Readiness Program has a variety of services to assist you with your next move. We offer assistance to Army families as they transition from installation to installation, pre-departure counseling, re-entry workshops, sponsorship training, cross-cultural assistance for bi-cultural families, relocation adjustment workshops, and pre- and post move assistance.

If you need additional information, contact us at DSN 315-263-8089.

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

The EFMP is a DA mandatory program working in concert with other military and civilian agencies to service families with special needs per AR 608-75. The EFMP is designed to provide a comprehensive, coordinated, multidisciplinary approach for medical, educational, community support, housing, and personnel-type services to families with Exceptional Family Members (EFM's).

The ACS EFMP Coordinator is available to serve as the coordinating agency to address EFM special issues and to advise families of services available on the installation. The EFMP Coordinator offers administrative assistance to soldiers with EFM's in several areas: help with enrollments and updates; family travel requests; exceptions to policy; family readiness planning, and transition assistance to new medical and educational providers is given upon request. The EFMP Coordinator assists families in developing solutions to individual and community EFM issues and problems (e.g. inaccessible facilities and programs). The EFMP Coordinator also maintains a resource library containing diagnosis-related information, a community resource directory, research and advocacy organizations at the national, state, and local levels. For more information call DSN: 315-263-4572/8327, International: 011 81 46 407 4572/8327.

Criteria for EFMP enrollment: All soldiers in/out processing with EFMs at Camp Zama are required to in/out process with the EFMP Coordinator, located in ACS BLDG 402, for coordination of services, schools and housing. Service members should HAND CARRY medical records, school records, and EFMP information. Soldiers coming to Camp Zama should have their needs coordinated PRIOR to coming to this area. See your EFMP Coordinator at your installation. All families should ensure that they have a minimum of 30 days required medication upon arrival. INCOMING soldiers are required to notify military personnel that they have an EFM upon in-processing. All soldiers going to overseas assignments are required to have an Overseas Screening done PRIOR to concurrent travel approval for all family members. No family travel will be approved until this is completed. The medical services on Camp Zama are very limited. Medical care (specialty) is completed through the nearby Naval or Air Force Hospital.

Indications of severity requiring enrollment: Potentially life threatening conditions, to include Asthma, Sickle Cell disease and Insulin Dependent Diabetes Attention Deficit Hyperactivity Disorder - requiring medication and treatment by a Pediatrician, mental health care provider or counselor and family members who require intensive follow-up support: high risk newborns, patients with cancer, leukemia, etc.

To enroll in EFMP: Help us to become proactive rather than reactive and everyone involved benefits. Knowingly withholding information or refusal to enroll in the Exceptional Family Member program is punishable under UCMJ. Contact the EFMP point of contact at the nearest medical treatment facility (MTF), to get the forms and begin the assessment process. Once completed, MTF staff will forward the forms to the regional medical center for coding, and on to Army personnel agencies that enrolls the soldier.

Camp Zama Points of Contact: Army Community Service: DSN 315-263-4572/8327
MEDDAC-Japan: DSN 315-263-4121

FAMILY ADVOCACY PROGRAM

The Family Advocacy Program (FAP) is the Army's program designed with the mission of education to prevent spouse and child abuse, to encourage the reporting of all instances of abuse, and to treat all family members affected by or involved in abuse so that those families can be restored to a healthy state. FAP is a command-directed program under the authority of AR 608-18.

The Family Advocacy Program works with individuals and families to strengthen family relationships using education and prevention tactics. The program is dedicated to enhancing individual coping skills and alleviating the underlying causes of stress associated with family violence. FAP provides prevention education service to restore and maintain a healthy environment, while respecting customer confidentiality. Although FAP coordinates the legal, law enforcement, social services and medical aspects of family violence on each installation, program responsibilities are primarily divided at the installation between Army Community Service (ACS) and Medical Treatment Facility (MTF) staff.

FINANCIAL/EMPLOYMENT READINESS

Financial Readiness offers a wide range of services to individual soldiers and to units. For the individual, we can assist in preparing detailed budgets for the future. For those who are experiencing or anticipate financial difficulties, we offer counseling and several publications to help get the situation corrected. Our program manager also operates Army Emergency Relief on Camp Zama.

If you're thinking about making a major financial decision or purchase, we may be able to offer some guidance. Our office also assists units in providing training. We can teach classes in such subjects as checking account management, credit use and reporting, car buying, and financial readiness.

Beginning January 2008, scheduled classes are offered at ACS on the 1st, 2nd and 4th Wednesdays of each month and we can provide financial classes to units upon request. Contact DSN 315-263-5550 for more information.

EMPLOYMENT READINESS

The Employment Readiness Program is specifically designed to enhance career, educational, and volunteer opportunities for the military family as well as other eligible military ID card holders. Workshops are held to assist in resume writing, job searching, and interviewing techniques. The program manager is available for individual career and job search counseling. A jobs board is posted in the ACS building containing recent recruitment actions and notices of local employers.

Local Opportunities: Appropriated Fund (AF) & Non-Appropriated Jobs (NAF)

ARMY FAMILY TEAM BUILDING

Connecting families to the Army - one class at a time.

The Army Family Team Building program is designed to provide information, knowledge and skills needed by family members to gain self-reliance and to raise awareness of resources available throughout the community to assist them.

The AFTB personal and professional development curriculum consists of over 40 modules of instruction taught by instructors to family members. The curriculum is divided into three levels of instruction:

Level I is the heart of the AFTB program and it's highly recommended that all family members and Soldiers new to the Army enroll in the class. It helps them have a better understanding of the military structure, operations and resources available.

Level II is designed for emerging leaders and provides them with the tools and skills to take on leadership roles within their military community.

Level III is designed to provide more senior spouses with the skills to advise and mentor volunteers and serve in senior level leadership.

An Instructor Training is also offered for those who wish to instruct all three AFTB Levels.

Enrollment in the program is voluntary and based on experience as an Army family member, not the rank of the sponsor. Family members can enter the training program at any point when and where they desire. The premise of the AFTB program is volunteer family members helping other family members. It is a curriculum developed for family members taught by family members.

The AFTB program has been implemented at all U.S. Army installations throughout the world, as well as the U.S. Army Reserve, Army National Guard and U.S. Army Recruiting Commands. Family preparedness and self-reliance is important to readiness because it provides peace of mind to deployed Soldiers who, having confidence their families are self-sufficient, are better able to focus on their tactical missions.

AFTB website: www.myarmylifetoo.com

Contact information: ACS

DSN: (315) 263-4785

Fax: 263-5407

VOLUNTEERING

Throughout history, volunteers have played an integral role in the life of soldiers and their families. In the early years of our country, volunteers mended uniforms, cared for the sick and wounded, and comforted families of fallen soldiers. Today our volunteers are found throughout the military community. Soldiers, civilians, retirees, spouses and youth provide aid to schools and hospitals, donate their time on sports fields, and volunteer in many other organizations and offices. Through their dedicated service, volunteers transform military installations into communities. The program is now recognized as the Army Volunteer Corps.

There are many volunteer opportunities at Camp Zama, Japan. Being a volunteer means that you get to choose the area to volunteer whether it's at the Libraries, Child and Youth Services, Golf Course or ACS. The opportunities are endless.

To become a volunteer, you must first visit the ACS Army Volunteer Corps Coordinator (AVCC), 263-8087 to discuss your options and also to complete the required volunteer packet. Next you will receive an in-depth orientation covering child care, rights and responsibilities, experience progression, awards and much more. This orientation provides you the tools to be an effective volunteer and will also ensure that you have a pleasant experience as you provide volunteer service to the community.

All volunteers are recognized at the annual Volunteer Recognition Ceremony in April. This is a large event to show our appreciation for all that volunteers do throughout the year. For more information on this event, contact the AVCC at 263-8087.